

# MAKING KINDNESS GO VIRAL

STAFF AND DISTRICT SPREAD KINDNESS DURING SCHOOL CLOSURES, PUT PEOPLE FIRST



**COME AND GET IT.** Ralston High School became a food distribution site in the closure. Nearly 60% of the district participates in free or reduced lunch. The district also continued to pay hourly staff through the end of the school year. Photo Courtesy of Jim Frederick.



**GRAB AND GO.** Teachers and NHS sponsors Dr. Dan Boster and Ms. Andrea Hartman continue to operate the food pantry. Food was packaged into brown bags for a grab-and-go experience. Some bags were delivered to families who could not leave the house.



**THANK YOU, STAFF.** Activities secretary, Mrs. Melissa Mackey and her family bought coffee for any high school staff member to pick up from Scooter's shortly after the closure as a thank you for working hard and adapting to hardships.

# PASSING TIME IN QUARANTINE

STUDENTS PRACTICE SOCIAL DISTANCING AND TRY TO KEEP BUSY



**LEISURE LEARNING.** Freshman Aracely Miranda-De Leon passes the time by doing some independent reading.



**ARTISTIC.** Junior Nada Fadhl dabbles in photography. "I never felt lonely having books and Lysol by my side," Fadhl said.



**GEAR UP.** Senior Anthony Velasquez spends days detailing motorcycles and hanging out with his family.



**OH, POI.** Freshman Bethany Madden practice poi, a form of performance art that requires the artist to swing tethered weights.

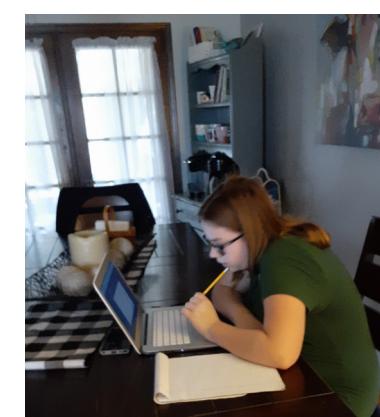


**GREAT OUTDOORS.** Senior Zach Jepsen hits the trails. Many people in the metro utilized park trails to stay active.



**SNACK ATTACK.** Sophomore Serenity Beisch poses with her favorite quarantine snacks, Takis.

## #DISTANCELEARNING



**LOGGING INTO SCHOOL.** Freshman Emma Scheitel hunkers down at the computer to complete her fourth term math course this year on Edgenuity, an online learning platform. When the school first closed, students were offered 3 learning activities a week for each semester-long class they were enrolled in. As closures extended, the school responded by placing students in for-credit online courses. Non-digital students were given paper-pencil packets. "Homeschooling has been a challenge, but we continue to push forward and do everything we can to keep going," Scheitel's mom, Melissa Annin said. Photo Courtesy of Melissa Annin.

## A TIME TO REBUILD



**A NEW FIELD.** In late March, the district moved forward with remodeling the track and field. The nearly 2 million dollar project was slated to begin in late April after track season; with closures, Nehema Construction broke ground several weeks early. "It was an outdated facility that needed to be upgraded to ensure our students and community members have a safe venue to expand their efforts and abilities" Assistant Principal Mr. Joe Kilzer said. Photo Courtesy of Mr. Jim Frederick.



**BOYS GOLF.** Senior Brett Bodin, Junior Noah Talmadge, Junior Jackson Corry, and Senior Aaron Fowler limit the number of people in their golf practice to less than ten and hit some balls on the range. Photo Courtesy of Brett Bodin.



**ATHLETES STAY SHARP IN AN EXTENDED OFF-SEASON**



**TRACK.** Both boys and girls track coaches shared workout videos for their teams from Lincoln Southeast's Weight Training program.



**BASEBALL.** Junior Josh Kilzer practices his swing in his backyard. His regime includes weight training and cardio as well. Photo Courtesy of Josh Kilzer.



**SOCCER.** The boy's team breaks from practice before the season was cut short. After, girls soccer coach Tara Behrens put up workouts daily via Twitter to stay fit. Photo Courtesy of Sherzod Saburov.



**UP FIRST.** Mr. Shane Adams announced his challenge by asking students just to crack a book and post a photo. Each response to challenges earns the food bank one dollar.



**MONUMENTAL.** Students were challenged to visit a monument. Freshman Sami Cunningham tweeted about one monument her brother designed.



**ALL NEAT AND CLEAN.** One easy challenge was tidy up a messy space. Freshman Ella L. Johnson decided to pick up her room and earn some money for the food bank.



**POETRY TRIBUTE.** Freshman Bethany Madden logged in to complete a poetry challenge. She read poetry by Francisco X. Alarcón and earned cash for a great cause.

\$106.00  
RAISED

TEACHER OFFERS FOOD PANTRY DONATION FOR EVERY TWITTER CHALLENGE COMPLETED DURING QUARANTINE

## UP FOR ANY CHALLENGE