

ALL OVER THIS VIRUS

#GOINGVIRAL

GET TO KNOW THE LANGUAGE OF THE VIRUS

ISOLATION

Isolation is for people who have tested positive or who are presumed positive with symptoms of the disease. Isolation requires patients to have the most interventions in place to stop the spread of infectious disease. Healthcare workers wear the most personal protective gear (PPE) and use the most caution when dealing with these patients.

SOCIAL DISTANCING

Social distancing is a broad category of social practices which distances people physically. It can include staying home instead of hosting or participating in social events, standing 6 feet away from another person, and not shaking hands.

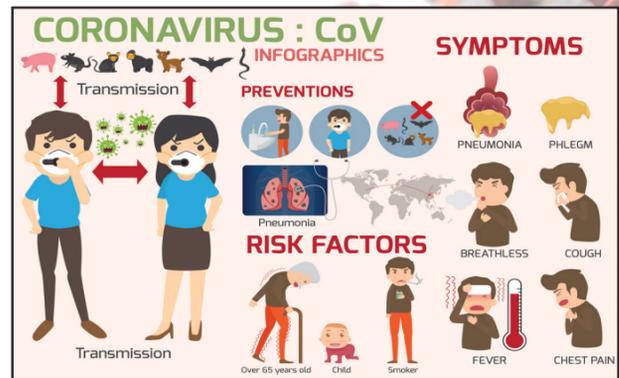
QUARANTINE

Quarantine is when, under state or federal law, people are on lockdown to prevent the spread of disease. Italy placed their entire country under quarantine. Self-quarantining is recommended to people who have been exposed to the virus, but had not yet developed symptoms. They were directed to isolate to stop the spread of disease.



WASH YOUR HANDS

The best way to prevent the stop the spread of the Coronavirus is by practicing good hygiene. The Center for Disease Control (CDC) school with posters to hang in all staff and student restrooms, which warned against the threat of germs and taught students how to effectively wash their hands. The CDC recommend hand washing persist for at least 20 seconds and suggests singing "Happy Birthday" as a timer. "I am currently using a remix as a timer," junior Ana Sanchez Marinez said. "I like to sing every chorus from every song I know."



DECEMBER 31, 2019
The first case of flu-like symptoms are detected in Wuhan, China.



JANUARY 7, 2020

Authorities in China identify the disease later named COVID-19 as part of the coronavirus family, which includes the common cold, SARS, and MERS. By the 11th, China sees its first death.

JANUARY 20, 2020



The first U.S. case is reported in Washington D.C.

JANUARY 22, 2020

Across the globe, there are 580 cases and 17 deaths. Some reports are as high as 830 people sickened and 25 dead. Some U.S. international airports begin health screening passengers from certain areas of China.

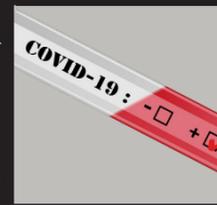
JANUARY 31, 2020



The World Health Organization declares a global health emergency.

FEBRUARY 8, 2020

The first death of a U.S. national is reported.



FEBRUARY 11, 2020

The virus, formally only known as the Coronavirus, gets the name COVID-19 from the World Health Organization. There are more than 45,000 cases worldwide and over 1,000 deaths.

MARCH 5, 2020

Congress passes an 8.3 billion dollar emergency spending bill. The virus has spread to 14 states, By March 11th, the World Health Organization declares the coronavirus outbreak a pandemic.

MARCH 13, 2020

Omaha sees its first case. Fremont Public Schools close for cleaning. The U.S. declares a state of emergency. Schools across the nation close.

MARCH 23, 2020

By now, Nebraska has declared a state of emergency. There are 35 local cases. World-wide there 359,000 cases and 15,433 deaths. The Olympics are postponed.

On March 11th, 2020 the NBA suspended the remainder of its season after Rudy Gobert, a player for the Utah Jazz tested positive for the coronavirus. In the days prior, Gobert was caught in a press conference making light of the virus and deliberating touching micro-phones.

The NHL, NASCAR, and the PGA soon followed suit. For a short time, #MarchSadness was trending on Twitter.

Sports weren't the only event canceled: Disneyland closed, cruise lines were docked, music festivals were silenced, and the St. Patrick's Day parades floated away.

"It was nuts," freshman Leah Phipps said. "It really seemed like the whole world shutting down, and it really was."

Schools across the country were early to close in response to outbreak. With the closure of schools, came the uncertainty of spring events like prom, the spring play, and even graduation.

"A lot of seniors and spring sports athletes are upset," English teacher Mrs. Katelyn Powers said, "It's a hard time for everyone." Photo Courtesy of Al Seremeno/Shutterstock.



SPRING IS CANCELED

#STOCKINGUP



MORE THAN PAPER. In preparation for the spread of the coronavirus in the state, Governor Ricketts recommended people stock their homes with 2 weeks worth of supplies. Within days, grocery stores were emptied, and stores like Walmart began to implement purchase limits to address the shortages of certain items like toilet paper, hand soap, and Lysol. Walmart associate and Senior **Josh Ostblom** (pictured above) spent his work days guarding toilet paper stock, making sure each shopper took only one package. "Some guy with a full on gas mask and gardening gloves interrogated me about the toilet paper prices compared to what they used to be and why Walmart was increasing their prices so high," he said, "Being just an associate, I had none of the answers to his questions." Ostblom wasn't the only student impacted by the increase of shoppers. Senior **Noelle Philippi** who works at Shadowlake HyVee also noted a significant change. "The stores have continued to be packed with people, and people continue to buy huge amounts of items," Philippi said. Her hours at work have increased despite store hours shortening. Stores have also implemented a senior shopping hour for the most vulnerable communities. Many stores in the Omaha area designate the first hour of shopping to populations of people who are more at-risk to severe or fatal outcomes should they become infected by COVID-19. Photos Courtesy of Josh Ostblom.